marble health

Parent Workshops

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WEDNESDAY, NOVEMBER 4 @ 6:00 PM ET / 4:00 PM MST

Finding Calm in Chaos: Helping Students Navigate Political Anxiety

TUESDAY, NOVEMBER 10 @ 7:00 PM ET / 5:00 PM MST

Screen time

WEDNESDAY, NOVEMBER 11 @ 6:00 PM ET / 4:00 PM MST

Demystifying Therapy

TUESDAY, NOVEMBER 17 @ 8:00 PM ET / 6:00 PM MST

NEW: Recognizing and Responding to Self-Harm and Suicidal Thoughts

WEDNESDAY, NOVEMBER 18 @ 5:00 PM ET / 3:00 PM MST

Supporting Students with Academic and Test Anxiety (in Spanish)

MONDAY, NOVEMBER 23 @ 8:00 PM ET / 6:00 PM MST

NEW: Handling Challenging Behaviors at Home